



Gym Membership Structures



Annual Membership

Single Annual Membership

Unlimited Gym- £320

Unlimited Gym and Classes - £450

These Prices include Joining fee and induction fee.

Couples Annual Membership

Unlimited Gym- £500

Unlimited Gym and Classes - £600

These Prices include Joining fee and induction fee.

G.P Referrals

Initial assessment - £12

Individual Session - £3.00

Assessment and 20 sessions - £57

Pay As You Go Membership

Pay As You Go Membership

Joining Fee - £20 - (Junior and Senior)
£40 - Adult

Induction Fee - £15

Entry Fee -£4.50

Non-members entry - £7.00

All new members must have an induction.

Please note there are no refunds on any of our memberships.

If you like any other information on gym memberships then please contact reception for more details.

Monthly Membership

Single Monthly Membership

Joining Fee - £20 - (Junior and Senior)
£40 - Adult

Induction Fee – Free of charge

Unlimited Gym- £32

Unlimited Gym and Classes - £45

Couples Monthly Membership

Joining Fee - £20 - (Junior and Senior)
£40 - Adult

Induction Fee – Free of charge

Unlimited Gym- £50

Unlimited Gym and Classes- £60